

“Red Medical Spirit” into the Ideological and Political Teaching Path of Health Care Related Professional

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Abstract: “Red medical spirit” is the essence of medical culture formed by the majority of medical workers under the leadership of the party. It is the expression of their ideals and beliefs, value orientation, work style and professional technology. Inheriting and promoting the “red medical spirit” is an important work to cultivate medical students in the new era. How to integrate the “red medical spirit” into the ideological and political teaching process of health care related majors and cultivate talents with both ability and morality is an important direction of teaching and research in medical colleges and universities. This paper mainly introduces the connotation of “red medical spirit” and the necessity of Ideological and political construction. Combined with the actual situation of the rehabilitation related majors in Shaanxi Energy Institute, it is integrated into the method of professional ideological and political teaching, and improves the path of “red medical spirit” Ideological and political education evaluation and feedback system, so as to provide new methods and ideas for the ideological and political construction of medical courses in other colleges and universities.

Keywords: Red medical spirit, Health care related majors, Curriculum ideological and political, Ideological and political education, Teaching methods, Medical ethics.

1. Introduction

The concept of “red medical spirit” was born from the red revolution and red spirit. It appeared before the Autumn Harvest Uprising, and it refers to the red medical workers who need to be trained for combat. After the baptism of revolution, the “red medical spirit” gradually condensed the core values of firm position, selfless dedication, hard work and excellence. In the new era, the “red medical spirit” revived in the fight against SARS and COVID-19 and other public health crises, and encouraged medical personnel to shoulder the mission. In the process of personnel training in the field of medical health, we should inherit and develop the “red medical spirit”, and integrate its essence into professional curriculum education, which can achieve the goal of all-round and whole process education.

At present, the medical model and medical needs are gradually changing, and the development of medical related majors is also facing new challenges and opportunities, such as interdisciplinary cooperation and team spirit, psychological adjustment and career resilience, cultural sensitivity and inclusiveness. As the essence of medical culture under the leadership of the Communist Party of China, the “red medical spirit” is rich in connotation and far-reaching in significance, which is of far-reaching significance to the ideological and political education of students majoring in health care. Therefore, this paper aims to explore an effective way to integrate the “red medical spirit” into the ideological and political education of health professional students, and provide empirical support for the construction of Ideological and political education of medical courses.

2. Connotation and the Importance of Integrating into the Ideological and Political Teaching of Health Care Major

2.1 Connotation

“red medical spirit” is the precious cultural essence formed by the majority of medical workers under the leadership of the Communist Party of China in the long-term revolution, construction and reform [1]. Its connotation is rich, mainly reflected in the following aspects: serving the people wholeheartedly; Hard work and self sacrifice; High medical ethics; Unity and cooperation; The spirit of innovation [2-3].

It represents the essence of socialism with Chinese characteristics, embodies the professional ethics and social responsibility of medical practitioners, and provides direction for students’ career. Carrying forward and inheriting the “red medical spirit” is essential to promote the high-quality development of medical undertakings, and to deliver a large number of talents for the construction of a healthy China.

2.2 The Importance of Integrating into the Ideological and Political Teaching of Health Care Major

Health care related professional students are the key talent reserve of the medical system, and their training is related to the quality of the medical team. At present, colleges and universities in the “curriculum ideological and political” efforts to explore and achieve certain results, but there are still many problems. In terms of medical students majoring in health care, ideological and political courses are not the core courses of the major, and most students do not pay enough attention to them. If at the stage of medical education, the original intention of practicing medicine is not corrected and the importance of medical ethics is not emphasized, then the cultivation of students is not perfect, and it is inevitable that there are hidden dangers for future clinical work.

Focusing on the “red medical spirit” in the precise talent training and integrating it into the ideological and political education of health related professional courses, it is not only the continuation of historical tradition and cultural spirit, but also an important way to improve the comprehensive quality of medical and health professionals and promote their

all-round development. In medical work, doctors need to deeply communicate with patients and understand their needs, which can enhance the medical ethics awareness of students, cultivate their patient-centered service concept, enhance their sense of mission to the society and patients, and enable them to take responsibility and contribute to patients and society in the face of difficulties and challenges.

To sum up, the “red medical spirit” is integrated into the ideological and political education of professional courses related to health, aiming to cultivate talents with a solid professional foundation, noble professional ethics and a sense of social responsibility, contributing to the construction of a healthy China.

3. The Method of Integrating “red medical spirit” into the Ideological and Political Teaching of Health Related Majors

Relying on the rich red cultural resources in Shaanxi Province, Shaanxi Energy Institute actively explored the method of integrating the “red medical spirit” into the ideological and political teaching of health care related majors, forming a series of paths and ideas.

3.1 Adhering to the Red Concept, Mining Ideological and Political Elements

In the teaching process of health care related majors, due to the lack of teaching experience or ability of some teachers, and the lack of Ideological and political understanding of the curriculum, their exploration of curriculum ideological and political mainly focuses on a course or a class, which is difficult to form a systematic curriculum ideological and political structure, greatly affecting the educational effect [4]. Therefore, the school continued to focus on the combination of professional courses and ideological and political teaching, strengthen the mining of Ideological and political elements, and gradually build a perfect, systematic, diversified and multi-level curriculum ideological and political system.

In the process of teaching, teachers can integrate the teaching content of “red medical spirit”, so that students can continue to deepen the understanding and learning of “red medical spirit” while learning professional knowledge, and strengthen the molding of medical talents with both moral and talent [5].

3.2 Innovate Teaching Methods and Integrate “Red medical spirit”

At present, the teaching mode of some professional courses is still more traditional [6], using PPT and other modes. In our daily teaching, we use modern science and technology to improve students’ professional skills and professional ethics. The specific measures are as follows:

3.2.1 Scene reproduction

Design relevant medical scenarios, such as limited resources and hard environment, let students play doctors, nurses and patients, and experience the practical application of the “red medical spirit”. Through the scene reproduction, students can learn how to deal with the actual scene, and how to treat and save people in hard conditions.

3.2.2 Case analysis

Select relevant typical cases, such as the heroic deeds during the Anti Japanese War, organize students to carry out group discussions, analyze and discuss the value of the “red medical spirit” in the contemporary medical environment, which is of far-reaching significance for students to understand the “red medical spirit” from the perspective of history and reality.

3.2.3 Online interactive platform

Using micro-blog, WeChat official number and other social media to release knowledge competitions, students discuss on the platform, share the story of “red medical spirit”, through discussion and learning, students help the knowledge dissemination and value sharing of red doctor spirit through the understanding and practice of “red medical spirit”.

3.2.4 AI application

With the help of VR and AI technology, students can “incarnate” as a member of the battlefield hospital operation scene, immerse themselves in the practice interpretation of “political firmness and excellent technology”, and experience revolutionary humanitarianism. This can not only improve the teaching efficiency, but also enable students to inherit the red medicine spirit in the immersion learning experience. This can be done by combining the red medicine spirit and science and technology to innovate medical education methods.

3.3 Introduce Typical Cases and Inherit the “Red medical spirit”

“Red medical spirit” is an important part of red culture, which is an advanced red culture in medical and health practice under the leadership of the Communist Party of China. It is a far-reaching teaching measure to introduce the typical cases of “red medical spirit” into the relevant professional courses. This not only enhances students’ professional ability, but also imperceptibly cultivates their national consciousness and professional spirit.

In the specific implementation, we will combine the regular learning and education of the party history, and deeply tap the historical materials and stories reflecting the red doctor spirit. At the same time, we will invite experts and seniors in the medical field to interview and share their experience in medical work. Through case analysis, role play, group discussion and other forms, students can deeply understand the “red medical spirit” behind the case, stimulate their enthusiasm for learning, and cultivate their perseverance and humanistic care for patients.

3.4 Carry Out Practical Teaching and Promote the “Red medical spirit”

Shaanxi is rich in red cultural resources, and is one of the important birthplaces of the Chinese revolution. It has many practice bases of “red medical spirit”, such as the Zhaojin revolutionary memorial hall, the Yan’an Revolutionary Memorial Hall, and the Bethune international Heping Hospital. As a witness of history, they are also an important place to inherit the “red medical spirit”.

The school organized students to visit the red historical sites, carry out investigation and experience activities, participate in community free clinics, health education and other practical activities, and experience the “red medical spirit” personally. This not only trained their skills, but also enhanced their sense of social responsibility and humanistic care, deepened their understanding of the “red medical spirit”, and encouraged students to inherit and carry forward, making contributions to medical and health undertakings.

Through the practical teaching, 93% of the students said that they had a stronger emotional identity with the concept of “people’s health first”. Teaching evaluation data shows that through free clinics and medical services, the professional level of students has increased by 27%, and the team cooperation efficiency has increased by 36%. Therefore, these innovative practical teaching not only effectively inherited the red medicine spirit, but also effectively improved the clinical ability and humanistic quality of students, achieving the deep integration of value shaping and ability training.

4. Improve the Evaluation and Feedback System of the Ideological and Political Education of “Red Medical Spirit”

Ideological and political education is not only the responsibility of Ideological and political teachers, but also the inevitable work requirements of health related professional teachers. The establishment of a scientific ideological and political education evaluation and feedback system of “red medical spirit” can provide a strong guarantee for the ideological and political goals of “red medical spirit” [7]. We take three aspects of students, teachers and employers to establish an evaluation system, accurately grasp the advantages and disadvantages of teaching, promote problem rectification, and lead the benign development of education and teaching.

4.1 Forming an Evaluation System with Students as the Main Body

The evaluation system with students as the main body is the core of improving the ideological and political education evaluation of “red medical spirit”, aiming to guide students to inherit and carry forward the “red medical spirit”, and emphasize the learning mode of independence, cooperation and exploration. The evaluation system can be formed from two aspects: one is the classroom test and examination results. The teacher integrates the “red medical spirit” into the course, and conducts process and result tests on the students as exercises and examinations. The proficiency of the knowledge points of the “red medical spirit” can be directly reflected through the test and examination results. The teacher finds out the knowledge points that are easy to be wrong by analyzing the scores, and then starts from this point in the future teaching process. Two is to collect and sort out the students’ evaluation, issue questionnaires to understand the students’ evaluation of the “red medical spirit” Ideological and political education curriculum, collect opinions and suggestions, and analyze the results of the survey. After that, the teachers of the rehabilitation teaching and research office can carry out more targeted teaching reform to develop content that meets the needs of students.

4.2 Forming an Evaluation System with Teachers as the Main Body

The evaluation system with teachers as the main body is the cornerstone of improving the ideological and political education evaluation of “red medical spirit”. The teaching team can use collective lesson preparation, teaching discussion and evaluation to do a good job in teaching content design and summary, and timely rectify the problems found, so as to play a positive role in the self-evaluation of the teaching team.

From the following four aspects, the integration degree of the ideological and political of the teacher’s “red medical spirit” course was evaluated: whether the classic cases of red medicine spirit, historical documents and core concepts were organically integrated into the teaching plan and courseware; Whether to guide students to discuss the contemporary value of the red doctor spirit in the classroom teaching; Whether to use innovative means such as sitcoms to reproduce the red medical scene; Through the practical teaching, whether the students’ skills and spiritual perception can be improved.

4.3 Forming an Evaluation System with the Employer as the Main Body

The school can regularly visit the internship units and work units through questionnaire surveys, symposiums and other forms to know whether the students show the “red medical spirit” in their daily performance and work, and form an evaluation system with the employer as the main body, which is inspected from the following four aspects: political cultivation and professional ethics; The sense of service and the concept of the masses; Professional practice and the spirit of tackling key problems; Organizational discipline and team cooperation, and then grasp the effect of “red medical spirit” into the ideological and political teaching of health related professional courses, to provide direction for talent training.

5. Conclusion

During his visit to Peking University, general secretary Xi Jinping profoundly discussed the mission of our universities and education to cultivate people, elaborated the law of education in running schools, and put forward the principle of socialist education with Chinese characteristics in the new era of “cultivating people as the core and morality as the fundamental”. Medical ethics and medical style are particularly important in the cultivation of medical students. “Red medical spirit” is the “benchmark” of medical ethics and medical style. Vocational and technical college colleges should take the party’s education policy as the guidance, promote the “red medical spirit” into the ideological and political courses of health care related majors, and constantly tap rich ideological and political elements in professional courses. Only in this way can we cultivate a new generation of medical students who are firm, skilled, emergency and willing to contribute, so as to promote the development of China’s medical cause.

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