

ISSN: 2006-2745
Vol 7, Issue 10
Oct. 2025

Journal of Contemporary Medical Practice

Journal of Contemporary Medical Practice (JCMP)

ISSN: 2006-2745

Bryan House Publishing Limited
contact@bryanhouspub.org
www.bryanhouspub.org
Telephone:
0044-121-7813744



BRYAN HOUSE PUBLISHING LIMITED
Multidisciplinary Academic Journal Publisher



Journal of Contemporary Medical Practice (JCMP)

Aims and Scope

Introduce the new peer-reviewed, open access journal entitled *Journal of Contemporary Medical Practice (JCMP)* is an open access, peer-reviewed international journal that deals with both applied and theoretical issues. Special Issues devoted to important topics in social science will occasionally be published. The main objective is to offer an intellectual platform to the international scholars and it aims to promote interdisciplinary studies in social science.

All manuscripts must be prepared in English and are subject to a rigorous and fair peer-review process. The journal publishes original papers including but not limited to the following fields:

- Biomedical optics
- Clinical trials, outcomes research
- Diagnostic physics and its applications
- Education and training in medical physics
- Genetics and tissue engineering
- Hadron-therapy
- Measuring systems, digital signal processing,
- Medical instrumentation.
- Medical imaging
- Molecular imaging
- New technologies development and applications
- Nuclear medicine
- Professional issues in medical physics
- Radiation detection, protection, shielding
- Radiation dosimetry and metrology
- Radiation Oncology
- Radiobiology
- Radiotherapy physics and its applications
- Therapies (non-ionising radiation)

We are also interested in: 1) Short Reports - 2-5 page papers where an author can present either preliminary data or an idea with theoretical background but has not yet completed the research needed for a complete paper; 2) Book Reviews - Comments and critiques.

Bryan House Publishing Limited.

E-Mail: contact@bryanhousepub.org

Official Website: www.bryanhousepub.org

Address: Flat 4, Huntingdon House Faulkers Farm Drive Edington,
Birmingham West Midlands, United Kingdom, B23 7XF.
Telephone: 0044-121-7813744



Journal of Contemporary Medical Practice (JCMP)

Editor-in-Chief

Dr. Serkan TURSAN, Department of Pediatrics, Kırıkkale University, Kırıkkale

Editorial Board Members

Prof. Harun AKAR, Department of Internal Medicine, Tepecik Training and Research Hospital, İzmir

Dr. Alpaslan TUZCU, Adjunct professor, Department of Endocrinology, School of Medicine, Dicle University, Diyarbakır

Dr. Fatih BATTAL, Department of Pediatrics, School of Medicine, Çanakkale 18 Mart University, Çanakkale

Dr. Meltem HENDEK, Department of Periodontology, School of Medicine, Kırıkkale University, Kırıkkale

Dr. Zaim JATIC, Department of Family Medicine, Sarajevo, BOSNIA-HERZEGOVINA

Copyright

Journal of Contemporary Medical Practice (JCMP) is licensed under a Creative Commons-Non-Commercial 4.0 International Copyright (CC BY-NC4.0). Readers shall have the right to copy and distribute articles in this journal in any form in any medium, and may also modify, convert or create on the basis of articles. In sharing and using articles in this journal, the user must indicate the author and source, and mark the changes made in articles. Copyright © Bryan House Publishing Limited. All Rights Reserved.

Journal of Contemporary Medical Practice (JCMP)

Volume 7 Issue 10 • October 2025

CONTENTS

1 **Case Report on Acupuncture Point Implantation Therapy for Eczema**
Yaxi Wang, Gaiqin Yang, Wenchun Zheng

7 **Advances in the Theory and Clinical Studies of Treating Emotion-Induced Menstrual Disorders Based on Zang-Fu Organ Theory**
Xue Hou, Xiaoping Cui, Zuoyi Yang

12 **Research Progress on the Active Ingredients and Mechanism of Action of Shenling Baizhu San in the Treatment of Ulcerative Colitis**
Xiaoyan Zhang, Yi Li

19 **Research Advances on Chinese Herbal Enema for Thin Endometrial Receptivity Based on the Theory of “Chong Meridian as the Sea of Blood”**
Hooi Ying OY YONG, Qian ZENG

24 **Application of Luteolin in the Prevention and Treatment of Osteoporosis**
Kai Huang, Zhuoyuan Lei, Boliang Lu, Junwei Wang

28 **Overview of the Application and Research of the Classic Formula Shenghua Decoction in the Field of Gynecology**
Zuoyi Yang, Xue Hou, Xiaoping Cui, Panjie Cui

34 **Research and Advances on RecQ5 Helicase in the Pathogenesis of Bone Tumors**
Cheng Zhang, Zhichao Tong

38 **Research Progress on TGF- β /SMAD3/PAI-1 Pathway in Thyroid Fibrosis and Tumorigenesis**
Songyi Wang, Jiake Wang, Yu Wang, Ao Yang, Ye Lei

44 **Exploring Syndrome Differentiation Approaches for Acupuncture Treatment of Allergic Rhinitis Based on the Principle of “Yang Transforms Qi, Yin Forms Substance”**
Qiang Li, Changchun Ji, Jia Guo, Hui Ma

49 **Professor Shen Shuwen’s Experience in Treating Gastroesophageal Reflux Disease based on the Theory of “Tonifying Deficiency, Remove Stagnation, Descending as well as Moistening”**
Lingyue Zhao, Jian Song

55 **Research Progress on Acupuncture Prevention and Treatment of Senile Depression**
Qianyi Wen, Qiaoyu Ji, Peng Zhou

60 **A Case of Capri-Ruzumab-induced Telangiectasia in the Treatment of Liver Cancer and the Research Progress of Traditional Chinese and Western Medicine**
Liangliang Li, Yanli Zhao, Yupei Wang, Yaoqi Wen

66 **Chronotherapeutic Herbal Sitz Bath at the Mao Hour (05:00–07:00) for Post-Hemorrhoidectomy Care**
Ye Sun, Xi Zhang

CONTENTS

73 From “Blood Heat Syndrome” to Systemic Inflammation: A Contemporary Immunological Exposition of the Etiology of Psoriasis in the Context of Traditional Chinese Medicine
Yan Zhou, Xiaoning Yan

79 A New Perspective on Precision Treatment for Psoriasis Based on Traditional Chinese Medicine Pattern Differentiation
Dan Han, Xiaoning Yan

82 Traditional Chinese Medicine Approaches for Recurrent Miscarriage
Xuke Zhang, Nan Li

87 Mechanisms and Evidence-Based Advantages of Traditional Chinese Medicine Wax Therapy in Chronic Disease Treatment
Jian Song, Jing Yuan, Kaiqiang Meng

91 Analysis of Professor Yang Jingfeng’s Academic Experience in Treating Pediatric Multiple Tic Disorder
Jingfeng Yang, Xunxin Pan

96 Discussion on TCM Intervention Strategy for Diabetic Nephropathy Vascular Disease from the Perspective of Network Disease Theory
Yujuan Fan, Cunxin Bai, Jian Shi

102 Research Progress on Acupuncture Therapy as an Adjuvant Treatment for Type 2 Diabetes
Siyu Zhang, Hongxia Su

107 Exploration and Clinical Application of the Theory of Preventive Medicine
Huimin Wang, Yidan Sun, Manman Yang, Bojie Huang, Xiaoyuan Qu

112 Research Progress on the Interaction between PCOS and Gut Microbiota Based on the Theory of “Spleen Deficiency and Phlegm-Dampness”
Lijuan Chen, Mei Chen

117 Research Progress on Acupuncture Treatment for Primary Hypertension
Yingbao Zhu, Jingyu Zhao

123 Acupuncture for Myopia: Clinical Acupoint Selection Patterns and Research Progress
Huan Liu, Jingan Tong

129 Xiaoyao Powder: A Classical Formula for Regulating Liver and Spleen - A Review
Zhe Zhang, Yueyang Liu

134 The Application and Effectiveness of Family Therapy in Adolescents with Anxiety and Depression
Tian Zhao, Yaling Lei

138 Research Progress on Taxol-Induced Acute Pain Syndrome
Yajing Li, Xiaoyan Zhou

Journal of Contemporary Medical Practice (JCMP)

Volume 7 Issue 10 • October 2025

CONTENTS

142 Research Progress of Cuproptosis and Its Role in Osteoporosis
Jingxuan Wang, Longwang Tan, Jiang Li, Chen Yong

146 Mindfulness in the Digital Age Research Progress on Digital Mindfulness-Based Interventions
Nan Li, Huali Lin

151 Theoretical Origin and Application of the Method of Promoting Blood Circulation to Prevent Miscarriage in Recurrent Spontaneous Abortion Induced by Blood Stasis
Qianyu Zhang, Xinchun Xiao

155 Exploring the Onset of Type 2 Diabetes Mellitus Based on the Theory of Liver-Spleen Harmonization
Liping Wei, Yuhong Duan

162 Exploring the Perturbation of Uterine Storage-Discharge Function by Mirena Based on the “Thoroughfare and Conception Vessel Impairment” Theory
Zixin Chang, Xinchun Xiao

168 Research on the Mechanism of Acupuncture in the Treatment of Mammary Gland Hyperplasia
Liwei Pan, Junming An, Le Zhang

173 Current Status and Trends of Clinical Research on Traditional Chinese Medicine in Treating Polycystic Ovary Syndrome Infertility
Li Bo, Liu Xia

179 Progress in the Application of Acupuncture Intervention in Common Childhood Diseases: From Clinical Efficacy to Mechanism Exploration
Mingyue Ma, Weigang Wang

184 Scenario-Based Simulation in Medical and Nursing Education (2019–2025): Research Progress and Practice Insights
Feifei Chen, Wanqi Chen, Hongjun Yu

190 Research Progress on the Correlation Between Gut Microbiota and Acute Pancreatitis
Chenjia Liu, Min Qiao

198 Cognitive Neural Mechanism and Intervention of Attention Deficits in Patients with Down Syndrome
Siyu Han, Minji Tian, Shasha Kong